# **Clinzadin Cream**

#### **Information for the Use**

## Clindamycin 1.0% Cream

## **Composition:**

**Each gram of cream contains:** 

• Clindamycin Phosphate equivalent to Clindamycin: 1.0% w/w

# **Description:**

Clindamycin 1.0% Cream is a topical antibiotic belonging to the lincosamide class. It inhibits bacterial protein synthesis, effectively targeting acne-causing bacteria such as *Propionibacterium acnes*. This cream reduces inflammation, prevents the formation of new lesions, and promotes the healing of existing acne.

#### **Indications:**

This cream is indicated for:

- Treatment of mild to moderate acne vulgaris.
- Reduction of inflammatory lesions such as papules and pustules.

# **Dosage and Administration:**

- Adults and Adolescents:
  - Apply a thin layer of the cream to the affected area once or twice daily, as directed by a healthcare professional.

#### • Method of Use:

- Wash the affected area with a mild cleanser and pat dry before application.
- Use clean hands to apply a small amount of cream to the skin.

#### **Contraindications:**

- Hypersensitivity to Clindamycin, lincosamides, or any excipients in the formulation.
- History of antibiotic-associated colitis or Clostridium difficileassociated diarrhea.

#### **Precautions:**

- Avoid Contact with Eyes, Mucous Membranes, and Open Wounds: Rinse thoroughly with water if accidental contact occurs.
- Allergic Reactions: Discontinue use and seek medical attention if signs of an allergic reaction (e.g., rash, swelling, or itching) appear.
- Pregnancy and Lactation: Use only if prescribed by a healthcare professional.
- Prolonged Use: May lead to antibiotic resistance or secondary infections.

# Possible Side Effects: Common side effects:

- Skin dryness or irritation
- Redness or peeling at the application site
- Itching or burning sensation

#### Rare but serious side effects:

- Severe skin irritation
- Development of Clostridium difficileassociated diarrhea (systemic absorption is minimal but possible).

# **Drug Interactions:**

- Avoid using with other topical acne treatments, such as retinoids or benzoyl peroxide, unless advised by a healthcare professional, as it may increase skin irritation.
- Use with caution if using neuromuscular blocking agents, as Clindamycin may potentiate their effects.

#### **Storage:**

- Store below  $30^{\circ}$ C ( $86^{\circ}$ F).
- Keep away from direct sunlight and heat.
- · Keep out of reach of children.

# **Special Instructions:**

- Use the cream exactly as prescribed by your doctor.
- Do not apply to large areas of the body or use for extended periods unless directed by a healthcare professional.

• Improvement in acne may take several weeks; continue treatment as advised.

Note: This cream is for external use only. Consult a healthcare professional if symptoms persist or worsen after regular use. Always read the package insert for additional information.

Manufactured in India for:



(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

TM: Trademark Applied for